

### Carpenter Hill/West Wynne/Dudley

20 Church Street • Camden, NJ 08105 Phone: (856) 966-8117- • Fax: (856) 342-7298

### **Your Friendly Team**

Property Manager
Cherise Harris
charris@sjcscamden.org
856-966-8117 ext. 235

Maintenance Technician

Community & Supportive

Service Coordinator

Erica Acevedo

eacevedo@sjcscamden.org

856-966-8117 ext. 227

### Poison Awareness Month

Please remember that the Camden County Rent Grant is open and available to help with rent. Please contact Erica Acevedo 856-966-8117 ext 227



March 2022

Recuerde que la subvención de alquiler del condado de Camden está abierta y disponible para ayudar con el alquiler. Por favor, póngase en contacto con Erica Acevedo 856-966-8117 ext 227

# Until further notice our office will be closed to the public.

Please ring the bell amd we will come to the door, virtually, over the phone.

Please call 856-966-8117

Nuestra oficina estara cerrada al publico hasta nuevo aviso. Por favor presione el timbre y vendremos hasta la puerta.

Todo tipo de negocio se conducira en la puerta del frente, virtualmente o por telefono.

Puede llamarnos al 856.966.8117

### **Financial Improving Finances Classes**

Helps families prepare to buy their own home

1st Classes deal with budget and credit

2nd Class focuses on home purchase: montages, homeowner's insurance, settlement date, maintenance of a house and added information about financial security.

There are 8 classes in total and HUD certification is issued to each participant.

# • ALL CLASSES ARE DONE THROUGH ZOOM, PLEASE CALL FOR THE SCHEDULE OF THE CLASSES.

A completed application is required from each candidate. The application requires copies of a candidate's records plus a fee of \$65 for one person and a \$90 fee for two people by

#### MONEY ORDER ONLY OR PAYPAL.

Saint Joseph's Carpenter Society offers for purchase its own renovated houses to participants in its program.

However those that complete the education program are certified to buy a home anywhere.

### Clases de financiera

Ayuda a las familias a prepararse para comprar su propia casa

1ª clase se ocupan del presupuesto y el crédito

2ª clase se centra en la compra de vivienda: montajes, seguro de propietario, fecha de liquidación, mantenimiento de una casa e información adicional sobre seguridad financiera. Hay 8 clases en total y se emite la certificación HUD a cada participante.

# • TODAS LAS CLASES SE REALIZAN A TRAVÉS DE ZOOM, POR FAVOR LLAME PARA EL HORARIO DE LAS CLASES

Se requiere una solicitud completa de cada candidato. La solicitud requiere copias de los registros de un candidato más una tarifa de \$65 para una persona y una tarifa de \$90 para dos personas solo por

#### GIRO POSTAL O PAYPAL.

Saint Joseph's Carpenter Society ofrece para comprar sus propias casas renovadas a los participantes en su programa. Sin embargo, los que completan el programa de educación están certificados para comprar una casa dondequiera.



Los incendios en el hogar son más probables en invierno que en cualquier otra estación. En este invierno, mantenga su hogar acogedor y cálido, y ¡esté protegido contra los incendios!

La mitad de los incendios por calefacción en los hogares se producen en los meses de Mantenga los generadores portátiles en el exterior, alejados de las ventanas y **lo más** alejados posible del hogar.

Instale detectores de monóxido de carbono y pruébelos al menos una vez al mes.



Los equipos
de calefacción
están involucrados en lincendios en el
hogar y en 1 de
cada 5 muertes
provocadas
por incendios
en el hogar.

Haga que un profesional matriculado limpie e inspeccione la chimenea y las ventilaciones **todos los años.** 



Aleje todo lo que pueda quemarse a

pies de cualquier fuente de calor como

Enchufe solo **electrodoméstico que produzca calor** 







Home fires occur more in winter than in any other season. As you stay cozy and warm this winter season, **be fire smart!** 

Half of all home heating fires occur in the months of



Heating equipment is involved in

involved in every



reported home fires and 1 in every 5 home fire deaths.

Keep anything that can burn at

least

feet from any heat source like fireplaces.

Keep portable generators outside, away from windows, and as far away as possible from your home.

Install and test carbon monoxide alarms at least once a month.



Have a qualified professional clean and inspect your chimney and vents **every year.** 



Store cooled ashes in a tightly covered metal container, and keep it outside at least



**10** feet

from your home and any nearby buildings.

Plug only

heat-producing
appliance (such as a space
heater) into an electrical outlet at a
time.







**Contact Us** 

EAST CAMDEN YOUTH ASSISOTION LL

Stockton Park-N. Dudley St.

Camden, New Jersey 08105

Phone:856-206-3480

Email: EASTCAMDENYA@GMAIL.COM

### Friendly Reminder from the Manager's Corner

### **Your Friendly Team**

Property Manager
Cherise Harris
charris@sjcscamden.org
856-966-8117 ext. 235

#### Maintenance Technician

Maintenance with be available form Monday to Friday from 7:30am to 3:30pm.

Community & Supportive

Service Coordinator

Erica Acevedo

eacevedo@sjcscamden.org

856-966-8117 ext. 227

### The office is closed.

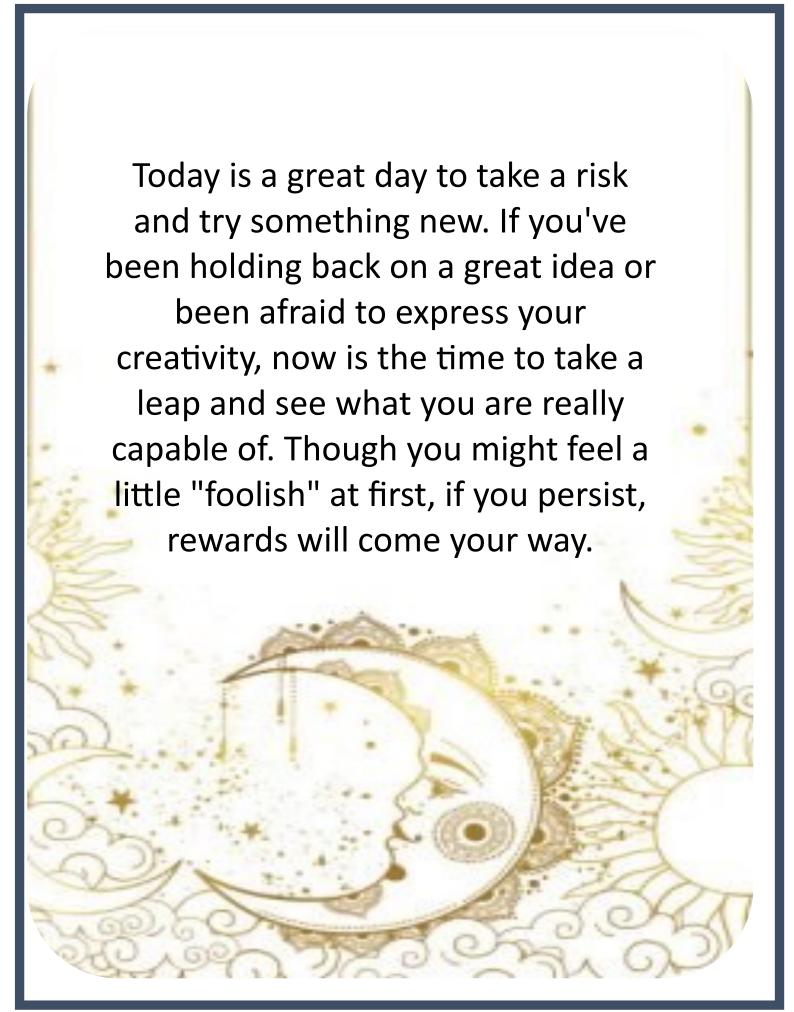
- Rent is due the **1st** of each month.
- All paper work and forms will require 48
   HOURS in order to be complete.
- Do not forget to update any contact information form.

# Friendly Reminder from the Community & Supportive Coordinator's Corner

- Please call me if you need any resources such as food, shelter, rent and much more.
- If if you are unable to fill out a work order please call or e-mail me at 856-966-8117 or eacevedo@sjcscamden.org

# Your Social Service can now be reached on a private number for residents

I can be reached at 856-946-6324
Please leave a message or you can text me.



### **Food Pantries**

Camden's Charter School Network Food Pantry

879 Beideman Ave. Camden NJ 08105

856.817.6223

3<sup>rd</sup> Saturday of the month from 9 am – 11 am

Must be a NJ resident

Congregacion de Yahweh

803 N. 33<sup>rd</sup> St. Camden NJ 08105

Santos Roman (Director)

609-471-2298

Min. Jose Martinez

856 366 9780

 $2^{nd} \& 4^{th}$  Wednesday from 6:30 pm – 8:00 pm

Must be a NJ resident

Hope Memorial Baptist Church

915 N. 36<sup>th</sup> St. Camden NJ 08105

856.365.1364

Every Sunday, from 1 pm – 2 pm

St. Wilfred's Church

83 N. Dudley St. Camden, NJ 08105

Every Saturday, from 9:30 am - 11:30 am (line

forms early)

Sisters of Saint Joseph Neighborhood Center

904 N. 25<sup>th</sup> St. Camden NJ 08105

856-338-8220

Every 3<sup>rd</sup> Wednesday, 1 pm – 6:30 pm

### **Food Pantries**

**UrbanPromise Ministries** 

27 N 36<sup>th</sup> St Camden NJ 08105

856-661-1700

Every Saturday, from 9 am – 11 am

Must be a NJ resident

Wholesome Riches

**Dudley Family School** 

2250 Berwick St, Camden, NJ 08105

Monthly on the 2<sup>nd</sup> Monday of the month from

9:00 am - 11:00 am

Wholesome Riches

Catto Family School

3100 Westfield Ave, Camden, NJ 08105

Monthly on third Tuesday; 10:00 am - 12:00 pm

Wholesome Riches

Veterans Memorial Family School

800 N 26<sup>th</sup> St. Camden NJ 08105

Monthly on the forth Monday; 9:00 - 11:00 am



# **Envenenamiento por Plomo** Conozca los Hechos

El envenenamiento por plomo es causado por la ingestión o la inhalación de plomo. Los niños menores de 6 años corren mayor riesgo. Si está embarazada, el plomo puede dañar a su bebé.

### HECHO El plomo puede causar problemas de aprendizaje y comportamiento.

El envenenamiento por plomo daña el cerebro y el sistema nervioso. Es posible que algunos de los efectos del envenenamiento por plomo nunca desaparezcan.

### El plomo en el cuerpo de un niño puede:

- Retrasar el crecimiento y el desarrollo
- Dañar la audición y el habla
- Tendra dificultad en prestar atención y aprender

HECHO La mayoría de los niños se intoxican con plomo debido al dolor en las casas construidas antes de 1978

HECHO ¡Hay ayuda disponible! Nueva Jersey ofrece pruebas de plomo gratuitas a inquilinos, propietarios y propietarios

Obtenga más información llamando o enviando un correo electrónico 856.966.8117 or iporrata@sjcscamden.org

# Lead Poisoning **Know the Facts**

Lead poisoning is caused by swallowing or breathing lead. Children under 6 years old are most at risk. If you are pregnant, lead can harm your baby.

### FACT Lead can cause learning and behavior problems

Lead poisoning hurts the brain and nervous system. Some of the effects of lead poisoning may never go away

### Lead in a child's body can:

- Slow down growth and development
- Damage hearing and speech
- Make it hard to pay attention and learn

FACT Most children get lead poisoning from paint in homes built before 1978

### **FACT**

Help is available! New Jersey is offering free lead testing to renters, homeowners, and landlords.

Learn more by calling 856.966.8117 or emailing iporrata@sjcscamden.org

> October 24 - 30, 2021. National Lead Poisoning Prevention Week (NLPPW)



### **Adventure Aquarium**

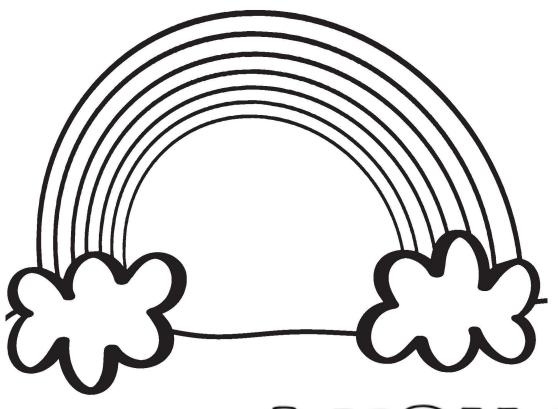
To kick off the celebration, guests are invited to visit for FREE on their birthdays throughout 2022. This ticket will be available at the Box Office only, valid for that day only. Guests must show proof of age.\* Valid for guests of all ages.

Bringing a guest along on your birthday? Be sure to make <u>reservations online</u> to guarantee their preferred timed entry at the lowest price.

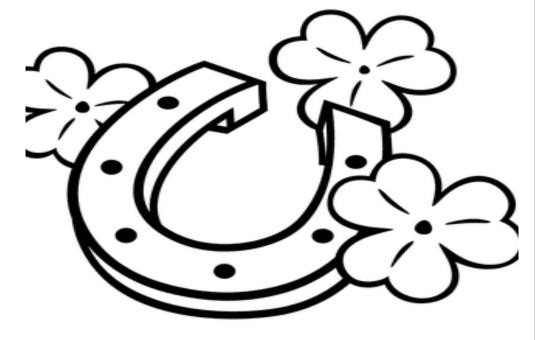
\*Driver's license, non-driver ID, learner's permit, birth certificate, passport, adoption papers, U.S. military photo ID and Certificate of Naturalization are acceptable forms of ID

\*Valid on date of birth only.

Happy St. Patrick's Day



LUCK OF



THE IRISH

# ATTENTION ABLETT VILLAGE RESIDENTS: CONSTRUCTION JOB FAIR

Come out and meet our contractors for potential employment opportunities on the Ablett Village project.

Employment Opportunities Open for Low to Moderate Income Residents Under HUD Section 3 Guidelines

**Date: March 9, 2022** 

Time: 10 a.m. to 1 p.m.

**Location:** The Salvation Army Kroc Center

1865 Harrison Ave, Camden, NJ 08105

**A Entrance** 

# Employment Opportunities include but not limited to:

- Millwork
- General Laborer
- Flooring
- Building Cleaning
- Landscaping
- Security
- Site Contractors

- Carpentry
- Plumbing
- Electrical
- HVAC
- Painting
- Drywall

### Please bring:

- I.D.
- Copies of your current resume

AV Residents 1st

Section 3 Jobs for AV Residents

For transportation, please call: (856)-614-9531 (See Transportation Info 2<sup>nd</sup> sheet)







### ATENCION RESIDENTES DE ABLETT VILLAGE

### FERIA DE TRABAJO DE CONSTRUCCION

Venga y conozca a nuestros contratistas para oportunidades potenciales de empleo en el proyecto Ablett Village.

Oportunidades de Empleo para residentes de bajo a moderado ingresos, según las reglas de la Sección 3 de HUD

Fecha: 9 de Marzo, 2022

Hora: 10 a.m. hasta 1 p.m.

Lugar: The Salvation Army Kroc Center

1865 Harrison Ave, Camden, NJ 08105

### Entrada A

# Las oportunidades de empleo incluyen pero no se limitan a:

- Carpinteria
- Trabajador General
- Pisos
- Limpiezas de Edificios
- Jardinerismo
- Seguridad
- Contratistas del Sitio

- Carpinteria
- Plomeria
- Electrico
- HVAC
- Pintor
- Paneles de yeso

### Por favor de traer:

- I.D. (identificacion)
- Copias de su Resume Actual

Primero para los Residentes de AV

Trabajos de Section 3 para Residentes de AV

Para transportacion, llame al: (856)-614-9531 (Vea informacion de Transportacion, pagina 2)









# Amazingly Easy Irish Soda Bread

### **Ingredients**

4 cups all-purpose flour

4 tablespoons white sugar

1 teaspoon baking soda

1 tablespoon baking powder

½ teaspoon salt

½ cup margarine, softened

1 cup buttermilk

1 egg

1/4 cup butter, melted

1/4 cup buttermilk



### **Directions**

**Step 1** Preheat oven to 375 degrees F (190 degrees C). Lightly grease a large baking sheet.

**Step 2** In a large bowl, mix together flour, sugar, baking soda, baking powder, salt and margarine. Stir in 1 cup of buttermilk and egg. Turn dough out onto a lightly floured surface and knead slightly. Form dough into a round and place on prepared baking sheet. In a small bowl, combine melted butter with 1/4 cup buttermilk; brush loaf with this mixture. Use a sharp knife to cut an 'X' into the top of the loaf.

**Step 3** Bake in preheated oven until a toothpick inserted into the center of the loaf comes out clean, 45 to 50 minutes. Check for doneness after 30 minutes. You may continue to brush the loaf with the butter mixture while it bakes.



# What's your LEPRECHAUN name?



The first letter of your name:

A - Adorable

H - Helpful

O - Outgoing

V - Vibrant

B - Bubbly I - Itchy P - Playful

W - Witty

C - Cheerful J – Jolly Q - Quiet X - X-tra Special

D - Dreamy K - Kind

R - Restless

E - Eager L - Lucky S - Silly

F - Fussy M - Musical T- Timid

G - Grouchy N - Noisy U - Useful

Z - Zany

Y - Youthful

## The month you were born:

Jan. - McCheesy May - McWiggles

Sept. - McBlarney

Feb. - O'Gratin June - O'Lucky

Oct. - O'Doodles

March - McMuffin July - McNoodles

Nov. - McWobbles

April - O'Really Aug. - O'Wacky

Dec. - O'Goofy

Residents, want to stay up to date on building updates, local news, events & resources?

# Join Our Facebook Group

To join the SJCS Resident Social Services
Group scan the code below with your
phone





WWW.FACEBOOK.COM/GROUPS/389740525826562

Cramer Hill Monthly Stakeholder's Meeting via Zoom
The 3rd Thursday of each month at 12pm. .

To help keep stakeholders informed, to share information, and receive ongoing feedback, we are creating a regular monthly meeting. Due to the ongoing COVID-19 pandemic this meeting will be held virtually via Zoom. Our first meeting will include a final update on recommendations for the Cramer Hill Neighborhood Plan as well as an update on the Neighborhood component of the Ablett Village/Choice Neighborhood Plan.



SIGN UP FOR EMAIL UPDATES Regístrese para recibir actualizaciones por correo electrónico

www.cramerhillplan.com | 856-757-9154

### How NJ can Help: Energy Assistance Program

**Low income Home Energy Assistance Program (LIHEAP)** Helps low-income households pay for heating costs (includes: electric, natural gas and oil. Applications are accepted from October 1st through April 30th. Hispanic Family Center 35-47 S. 29th St. 856-964-4692

**Universal Service Fund (USF)** To be eligible for USF, your household income on gas and/or electricity must: 1.be income 2.spend more than 3% of household income on gas/or electricity. Apply any ime of the year.

#### **For USF/LIHEAP Applications**

For a list of agencies that accept USF/LIHEAP

applications and more information. www.energyassistance.nj.gov call toll free: 1-800-510-3102

**Lifeline Program** Eligible low-income senior citizens and the disabled. Benefits help eligible homeowners and renters with lectric and natural gas costs. **Call: 1-800-792-9745** or go to www.nj.gov/humanservicesservices/

**Page Program** Households over LIHEAP income limits and over USF income limits during non-LIHEAP months. Qualified applicants may receive up to \$1,500 per year. Go to www.njpoweron.com or call 732-982-8710.

**NJ 2-1-1** Confidential referrals to local or health and human services assistance search www.nj211.org

**NJ Jersey Shares** Provides temporary help paying energy bills due to financial crisis. **866-657-4273 or www.njshares.org.** 

### Winter Termination Program (WTP)

Protects residential customers from disconnection of natural gas and electric services from November 15th –March 15th if they participate. **1-800-624-0241 www.nj.gov/bpu/assistance/rights/** 

### **ASTHMA CAUSES**



POLLUTION



**PETS** 



DUST



**CHEMICALS** 



MOLD



INFECTIONS



HEREDITY



**FOOD** 

### **ASTHMA SYMPTOMS**



FREQUENT COUGHING



SHORTNESS OF BREATH



FEELING TIRED



WHEEZING



COMMON



**ALLERGIES** 



CHEST PAIN

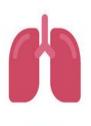


TROUBLES WHILE SLEEPING



# **ASTHMA**

**INFOGRAPHIC ELEMENTS** 









NORMAL



**ASTHMA** 



ASTHMA ATTACK

# LOOKING FOR CHANGE MAKERS IN CAMDEN COUNTY

Are you passionate about helping others?

Looking for a way to give back to
your community? Want to make
a difference in the lives of
children and families?

### BECOME A COMMUNITY ADVOCATE



The Camden County Early Childhood
Comprehensive Systems (ECCS) Colin
is looking for change makers like you to
work with us as Community Advocates.
The ECCS Colin aims to strengthen the
early childhood system and promote early
childhood developmental screening in
Camden County. Help us improve services
for young children and families and make
a difference in your community.

### **About the Community Advocate role:**

- Volunteer position
- · Participate in 6 virtual or in-person meetings per year
- · Share ideas and insight on needs of the community
- Promote developmental screening in your community
- Receive a small stipend at each in-person meeting

### We are looking for people in Camden County who are:

- · A parent, grandparent or caregiver of a young child
- · Knowledgeable about the needs of the community
- Interested in contributing to positive change in the community

#### INTERESTED?

Contact us at 609-760-3265 or email ECC@snjpc.org.



Early Childhood Comprehensive Systems is part of Help Me Grow New Jersey and is administered in the region by the Southern NJ Perinatal Cooperative with funding from the NJ Department of Children and Families. snjpc.org 2021



### Poison Control Center(800) 222-1222

### **Prescription**

- Follow directions on the label when taking or giving medicines.
- Read all warning labels. Some medicines cannot be taken with other medicines or drinking alcohol. Keep medications in their original bottles or containers. Never share or sell prescription drugs.
- Keep medications for pain, sleep and ADHD in a safe place away from those who should not have access to it. Properly dispose of all unused medications.

### **Recreational Drugs**

- Alcohol
- Tobacco
- Opioids

### **Cleaning products**

Products are often found in kitchen and bathroom cabinets, left out on top of tables and counters, on storage shelves, etc. Most contain soap, ammonia and/or bleach.

### Lead

Toxic metal that can cause brain damage and other serious health effects in children, adults, and even pets. Lead poisoning occurs when lead paint chips are eaten or when lead dust is either eaten or breathed into the lungs. Lead has been reported to cause learning and developmental disabilities, decreased growth, hyperactivity, impaired hearing and brain damage.

# TIP AND TRICKS FOR NATURAL CLEANING SOLUTIONS

### Not even a mouse

Shake baking soda around their spots, and they'll stay away. Safe for pets and children

### **Drain Renewal**

Pour half a cup of salt down the drain of your kitchen sinkwith warm running water. The salt will freshen your drain nd keep it from getting bogged down with grease.

### When to clean your bathroom

The best time to clean your bathroom is right after you've taken a shower. The steam loosens the dirt and grime.

### Keeping Trash Bins Clean

Sprinkle comet at the bottom of your trash cans. The powder will soak up any liquids if there is a leak in your bag, repel mildew, and keep bin smelling fresh.



### **CAMDEN AND BURLINGTON COUNTY CLIENTS**

YOU MAY BE ELIGIBLE FOR

### WEATHERIZATION

**INSULATING ATTICS, CRAWLSPACES AND PIPES** 



FITTING HOT WATER JACKETS

WATER HEATER REPLACEMENT

HEATER REPAIR/REPLACEMENT

**ENERGY SAVING MEASURES** 

**EXHAUST FANS** 



REFRIGERATOR REPLACEMENT

REPAIR/REPLACEMENT OF DOORS, WINDOWS & MORE

These services are provided to income eligible homeowners at no cost. Renters may also qualify for Weatherization services.

# CAMDEN COUNTY COUNCIL ON ECONOMIC OPPORTUNITY

SERVING CAMDEN & BURLINGTON COUNTY COMMUNITIES WITH OVER 30 YEARS OF EXPERIENCE

For more information or to request an application, please call (856) 910-8816



Making It Better, Together.

New Eligibility Requirements



# Rental Assistance Available

Updated program requirements make it easier than ever to qualify and receive funds – apply today!











We believe in safe & compassionate care for ALL PEOPLE struggling with substance use or substance use disorder

### CENTER FOR HEALING CLINICAL SERVICES FOR UNINSURED PEOPLE



#### Camden Walk-In Clinic

ADDRESS: 3 Cooper Plaza, Suite 220, Camden, NJ 08103

WALK-IN HOURS: MTWRF 1pm-4pm

NOTE: Limited walk-in slots are available.

Please schedule appointments
to ensure care.

### **Bridgeview Building**

ADDRESS: 800 Cooper Street, 4th Floor, Camden, NJ 08102

#### SCHEDULED APPOINTMENT HOURS:

MWRF 9am-5pm; Tuesdays from 9am-7pm

CALL: 856.342.3040

Cooper University Health Care Center for Healing is a State of New Jersey-designated Center of Excellence for Substance Use Disorder

cooperhealth.org/recovery

# FULL COVERAGE SERVICES FOR SUBSTANCE USE DISORDER & MENTAL HEALTH

VISITS for medical & behavioral health

MEDICATION cost coverage

LAB SERVICES directly related to these treatments

TRANSPORTATION to & from Center for Healing appointments & other appointments when referred by us

## UNDOCUMENTED PEOPLE ARE WELCOME—ALWAYS

High-quality & evidence-based health care is a human right.

We will ALWAYS treat you with compassion, dignity, & respect.

English & Spanish-speaking providers & translation services for all languages are available for all patients.



# Carpenter Hill/West Wynne/Dudley

### **March 2022**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			2	3	4	5 TIME THAVEL
6 NATIONAL PRAYER	7	8	9	EMPLOYEE APPRECIATION DAY!	11	12
13	14	Today is "GET OVER IT" Day	16	17	18	19
20  Laughter Day	21	22	HAPPY NATIONAL CHIP & DIP DAY!	24	25	26 I AM IN CONTROL DAY
27	WORLD POETRY DAY!	30	31			,



www.sjcscamden.org





**FOLLOW US!** 

